

MOTION BY SUPERVISOR ZEV YAROSLAVSKY

May 1, 2012

Today the Board of Supervisors assumes a leadership role in improving the health of the County's residents by proclaiming May as "Women's Health Month." The health and wellness of women is essential to the well-being of their families and their communities. Women's Health Month provides us with an opportunity to focus our attention on the health issues of women and to encourage a healthy lifestyle by being active, eating nutritiously, not smoking, and getting regular checkups. The County's Department of Public Health is working to reduce the impact of health inequities on low-income women and women of color, their families and their communities, and to give County residents the tools they need to adopt healthier lifestyles.

The Board of Supervisors urges residents to take advantage of these services. Women can call the Department of Public Health's Office of Women's Health hotline at 1-800-793-8090 to receive a free heart disease risk assessment. Low-income women who call the hotline may also qualify for free Pap tests and mammograms. As we know, screenings can save lives.

The Office of Women's Health is coordinating a combined Department of Public Health (DPH) and Department of Health Services (DHS) team for the Nineteenth

MOTION

MOLINA _____

RIDLEY-THOMAS _____

KNABE _____

ANTONOVICH _____

YAROSLAVSKY _____

Annual Revlon Run/Walk for Women. The Run/Walk will be held on Saturday, May 12th, the day before Mother's Day, at the Los Angeles Memorial Coliseum. County employees and their friends and family are invited to join or support the DPH/DHS team by accessing the *Revlon Run/Walk for Women Los Angeles* website:

http://do.eifoundation.org/site/TR/RevlonRunWalk/LARRW/541572880?pg=team&fr_id=1080&team_id=4145

Proceeds will support women's cancer research and programs in Los Angeles County. The participation of County employees in the Run/Walk for Women will be invaluable in showing support and helping to fight women's cancers that affect so many in Los Angeles County.

I, THEREFORE, MOVE that the Board of Supervisors:

- 1) Proclaim the month of May 2012 as "Women's Health Month";
- 2) Encourage County employees to participate in and support women's health activities during May 2012, including the Revlon Run/Walk for Women;
- 3) Encourage County residents to call the Office of Women's Health hotline at 1-800-793-8090 to access health screening services.

ES S:\Motions\2012\Women's Health Month